UNDERSTANDING THE ROLE OF SOCIAL DETERMINANTS

VIDEO TRANSCRIPT

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I think what this has shown me is that there are multi-factorial components in the ideology of many of these health related conditions and some of them are what we would consider traditional health issues around access. But so many of them – of the others are around the psychosocial determinants of health. If folks have stable housing, do they have access to nutrition, do they have access to exercise, education level and those are not typically measures that we’ve utilized in looking at healthcare. But this issue shows us that if we’re going to sustain recovery for individuals, we’re going to have to address those psychosocial determinants. And so, to me, it’s easily generalizable to other issues. This being more complex than those in some ways. I think we can use this methodology to go back and look at that and look at obesity and look at early risk for heart disease and be able to address population health issues, including work and education and other indicators of what I wouldn’t call health, but not traditionally defined as health measures.

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