



OWNING YOUR TRUTH WITH CHRISTIE SMITH AND BILLIE JEAN KING

VIDEO TRANSCRIPT

Christie Smith: We've heard a great segment earlier about the importance of owning your truth to be the best, not only for yourself, but also for those around you. Can you share a little bit about some of the thoughts on that based on your own personal journey?

Billie Jean King: Most of mine has been around my sexuality having difficulty. Figure out who am I, what am I? Who do I love? Who do I want to be with? Plus, trying to be a professional tennis player, being number one in the world, plus all the things I just talked about earlier, trying to get all these things to happen off the court. I spent a ton of time off the court. So this journey for me to be my authentic self, which is so important to everyone. And you and I talked about when you're not your authentic self at work, you just don't do as good a job. You're unhappy, you make up stories, you're measured when you speak. It is horrible. So I hope that everyone will always continue to work towards their authentic self, you know, and truth can change. You know what your truth is? Can change. So just pay attention. Be good to yourself, be kind to yourself and, you know, have allies that will be there for you.

Christie Smith: Well, I can't thank you enough, Billie. I am both inspired and fired

up just listening to you and I can listen to you all day. And I know that everyone who's tuned in to listen to you is going to leave feeling the same thing I do. Again, thank you so much for who you are and for living your truth and for helping so many of us in the world. Because we need you and we need your voice.

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