



LEADERS TAKE STEPS FOR IMPACT OUTSIDE WORK

VIDEO TRANSCRIPT

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My name is Debra Polishook, I'm the group chief executive for Accenture Operations and I'm based here in New York City.

My philosophy about leadership is that it's a journey and the reason I say it's a journey is because to be an effective leader you really have to understand yourself and more importantly the impact that you can actually have on the world, on other people.

I think it's critical for people like myself and executives like myself to really take the time to do something outside of their day to day executive work. Why? Because so many of us who are blessed to be born into the right family, to be able to get a great education and to have huge opportunities for our careers, and not everybody has that same opportunity.

I'm a very passionate runner. I love to run when I'm not working. I became involved on the advisory board of "Back on My Feet" in New York City.

The idea behind "Back on My Feet" is to allow the sheltered homeless to participate in a disciplined training program for running, so they have to commit to running three days a week, meeting very early in the morning. And they need to continue to do this for a period of time and once they are able to do that and they've made the commitment and they've shown the discipline they get access to training, job training.

They get access to job opportunities, they get help with clothing that's appropriate for whatever they are pursuing in terms of their jobs as well as job opportunities and interview opportunities. So it's really a fantastic program that I truly believe in.