

DOES SUSTAINABILITY FIT INTO PEOPLE'S LIVES?

VIDEO TRANSCRIPT

Speaker 1 (00:02):

People same I'm daft for cars. It's all I've kinda really known and had an interest in. I've had this car for five or six years. Uh, it's more of a kinda labor of love. Uh, it's, it's a donkey, it'll just keep going. Um, you put these on and it runs. My car, which obviously doesn't meet, um, up-to-date uh, Euro emissions standards, uh but, I, I, I can't really afford a, an electric car.

Speaker 1 (00:28):

I couldn't work in Govan, which is 11 miles from here, and then have to rely on public transport or cycle, you know, when the weather's the way it is in Scotland. (laughs)

Speaker 1 (00:40):

My children are the hardest thing, because they are so fussy. They like chicken and rice, they like minced and potatoes, [inaudible 00:00:47], you know what I mean? So um, to them, come home and trying cook four meals for four different palates is not sustainable when you're burning all the gas and your got all the lights lit, you know?

Speaker 2 (01:04):

I think like, we can all take like a bit of personal responsibility for it, but there's only so much that me recycling is gonna do, you know? I'm vegetarian, trying to make steps towards vegan, 'cause dairy and meat agriculture's one of the biggest polluters, but that's like, personal things that I'm able to do that. Not everyone in the world is able to do that.

Speaker 3 (01:27):

A little bit too salty.

Speaker 4 (01:32):

Too salty?

Speaker 3 (01:34):

(laughs)

Speaker 4 (01:34):

No I didn't.

Speaker 3 (01:35):

Yes, you did.

Speaker 4 (01:36):

The word, "Sustainability," didn't really mean much to me, I would say, until quite recently. Just remember kinda watching um, the David Attenborough Planet series on Netflix. And I think that's when it really kinda started to hit home.

Speaker 4 (01:56):

I think when your, your child points it out to you, you do think about it a lot more. Um, and then when he comes home and he knows more than you (laughs), you definitely want to Google that and find out what's happening.

Speaker 4 (02:07):

Uh, my shopping habits, due to COVID and things that I've changed somewhat, and I've just became used to getting things online now. Um, they just get delivered and it's just so much more easier.

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Speaker 5 (02:21):

Is this where we do the line? Lining, anyway.

Speaker 6 (02:27):

Um, I'd love to at some point go vegan. I'm not right now.

Speaker 7 (02:31):

Well I eat meat, so I'm a terrible example. Uh-

Speaker 6 (02:34):

Yeah, so am I. (laughs)

Speaker 7 (02:38):

It's just so tasty. It's almost like they try and like price people out of the market, so it's like, to make yourself feel good, you go out, "Oh, I'll get a wee vegan thing."

Speaker 8 (02:49):

Well I go from cuttin' out meat and going to some other maybe plant derivative or a vegetarian derivative. I don't really see that happening.

Speaker 8 (02:59):

You're filthy.

Speaker 8 (03:01):

Certain things you just don't want to get away from. There's nothin' better than having a steak on a Thursday night. I suppose you've got to put the right kind of fuel in, and [inaudible 00:03:11] from what we've discussed and what's happened to me in the last few months. That's important.

Speaker 8 (03:17):

You're walkin' uh, out there in Morrisons or wherever you might be, and you go to that bit in the fridge where it says, "Here's your steaks." You don't have the plant based derivative or the vegetarian derivative next to it, 'cause they're off in another section that I tend to probably not look at. You maybe look at things and try to buy other stuff. But then, two hours later, you're on ordering stuff online, and then it comes like, just covered and covered in packaging. You're then being driven by convenience, and the whole bit of doing your bit for saving the planet is, is right out the window.