BEHAVIORAL HEALTH PAIN POINTS: A RIPPLE EFFECT ACROSS HEALTHCARE

All healthcare stakeholders feel the challenges of accessing and delivering behavioral health services

CONSUMERS
- Rising out-of-pocket costs
- Limited access to behavioral health services
- Poor health outcomes and lower quality of life
- Social stigma

PAYERS
- Rising behavioral health and medical costs
- Public criticism and litigation regarding coverage limits and narrow networks
- Growing demand and expectations for behavioral health coverage and affordability
- Coverage and reimbursement policies perceived to be inadequate to meet needs

GOVERNMENT
- Rising Medicaid and Medicare costs
- Growing incidence and mortality
- Challenges to existing regulatory frameworks
- State budget costs: state employees, additional jail time, and nursing home stays (Medicaid)

LIFE SCIENCES
- Rising use of prescriptions to treat behavioral health conditions has resulted in rising costs
- Opioid use fueled rise of substance use disorders

EMPLOYERS
- Rising costs of coverage and losses due to reduced productivity (e.g., missed days of work, presenteeism)
- Employees perceive current coverage as inadequate
- Rising employee expectations for behavioral health benefits

PROVIDERS
- Rising costs due to longer inpatient stays and readmissions
- Mental health workforce shortage
- Low reimbursement rates
- Poor care coordination across physical and behavioral health

CONSUMER

PROVIDER

PAYER

GOVERNMENT

LIFE SCIENCES

EMPLOYER

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