Have more communication. A lot of the time when I was using the services, I had a lot of questions. I wasn’t sure if I was getting everything I could have gotten out of the services and I didn’t feel as supported.

Finding ways to empower the patient or the layperson to help themselves and self-advocate more

Within the Health and Human Services for our families and ourselves through the state. They just made it really hard to do things yourself.

I think there needs to be more awareness about the health-related programs and more awareness in society in general so that more and more people can participate in it and take advantage.

They should make sure that the providers take the health care insurance that they are giving us. Like I’ve had a hard time trying to get my mammogram. They don’t want to accept insurance.

Make it easier to find where the assistance is at. I mean it took me forever to find it and then I had to make a ton of phone calls to figure out where I needed to go. And then once I got out there and I had to go back a couple times because I was without information that they needed that I didn’t know I needed to bring with me.

I think that a really big focus of Health and Human Services that would help people like me and my family a lot is the focus on housing for impoverished or foster kids.

So if they were more accessible at different hours odd hours there would be of great help to people that need their services.

They should provide more in general, to have a wellbeing and better health because this world in this state is not in its best health and I believe the government could prevent that if they allow.

There should be more education on it so that the state and the government knows what the needs are what the specialized needs are like what’s the most important of the needs, where funding should go.

I’ve had a number of people try to make it difficult for me. Though the tasks they have to perform are quite simple they’re short tempered, maybe they need to give a little more training or pay a little more money I’m not really sure.

Cutting down the wait list the wait lists to actually seek to actually obtain you know therapy for everyone for children specifically for adults like all-around.

Having a more user-friendly experience making checkouts easier appointments easier small things like that would really improve the health services for me and my family and yeah also making something like an app would be very helpful just with the click of a button get there.